

Relationships, Health and Sex Education Policy

Dorrington Academy



“TOGETHER WE ARE STRONGER”

Approved by:	John Harrison	Date: January 2025
Last reviewed on:	January 2025	
Next review due by:	January 2026	

DORRINGTON ACADEMY RELATIONSHIPS EDUCATION POLICY

Aims of Relationships Education at Dorrington Academy

The aims of Relationships Education at Dorrington are to:

- Provide a framework in which sensitive discussions can take place
- Encourage personal responsibility in all forms of behaviour
- Encourage high self-esteem, confidence and empathy
- Develop social skills in order to encourage respect and consideration for others
- Prepare pupils for puberty and give them an understanding of the importance of health and hygiene
- Provide support and information for young people and their parents/carers

The aim of this policy is to communicate clearly to staff, parents/carers, visitors and all young people the manner in which Relationships Education will be delivered at Dorrington Academy.

Statutory Requirements

As a primary academy school, we must provide relationships education to all pupils as per section 34 of the [Children and Social work act 2017](#).

As an academy, we are expected to offer all pupils a curriculum that is similar to the National Curriculum including requirements to teach science which would include the elements of sex education contained in the science curriculum.

In teaching RSE, we are required by our funding agreements to have regard to [guidance](#) issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#).

3. Policy development

This policy has been developed in consultation with staff, pupils and parents.

Every opportunity will be taken to inform and involve parent(s) and carer(s): -

- by making our commitment clear through the curriculum and this policy
- by inviting parents to discuss personal development when students join the school
- by giving parent(s)/carer(s) the opportunity to view resources and have staff explain their use.

4. Definition

Relationships Education (RE) is about the emotional, social and cultural development of pupils, and involves learning about relationships, healthy lifestyles, diversity and personal identity. RE involves a combination of sharing information and exploring issues and values. It takes into account the Relationships Education guidance from the government. The curriculum has been created with reference to the statutory science curriculum, Relationships Education guidance and Health Education guidance.

5. Curriculum

We have developed the curriculum in consultation with parents, pupils and staff, taking into account the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner. It has been developed considering the RE government guidance and includes the statutory elements of science which are relevant. My Happy Mind is utilised to support areas of this curriculum.

6. Delivery of RE

The taught Relationships Education programme provides knowledge and an appropriate level of understanding commensurate with the students' age. The sensitive development of attitudes, values and social skills are intended to lead to responsible and healthy lifestyles.

RE is taught within the personal, social, health and economic education curriculum (RESPECT). Biological aspects of RE are taught within the science curriculum, some aspects within ICT and other aspects are included in religious education (RE).

Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

Relationship Education

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being Safe

Health Education incorporating physical health and mental health are taught alongside Relationship Education within the personal, social, health and economic education curriculum (RESPECT). Biological aspects of RE are taught within the science curriculum, some aspects within ICT and other aspects are included in religious education (RE). Teaching of Health Education is in line with the Dorrington Academy Mental Health Vision Statement.

- Mental wellbeing
- Internet Safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and Prevention
- Basic first aid
- Changing adolescent body

Statutory Science is taught from Reception to Year 6

- Statutory science

7. Roles and responsibilities

7.1 The governing board

The governing board will approve the RE policy

7.2 The headteacher

The headteacher is responsible for ensuring that RE is taught consistently across the school

7.3 Staff

Staff are responsible for:

- Delivering RE in a sensitive way
- Modelling positive attitudes to RE

- Monitoring progress
- Responding to the needs of individual pupils

Staff do not have the right to opt out of teaching RE. Staff who have concerns about teaching RE are encouraged to discuss this with the headteacher.

7.4 Pupils

Pupils are expected to engage fully in RE and, when discussing issues related to RE, treat others with respect and sensitivity.

8. Parents' right to withdraw

Parents do not have the right to withdraw their children from relationships education, Health and mental wellbeing education, RESPECT, ICT or statutory science education.

9. Monitoring Arrangements

Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.

This policy will be monitored and reviewed annually by SLT and the policy approved by The governing body.

Ratified by the Governing Body

Signature _____ Date: _____
(Chair of the Governors)

This policy will be reviewed October 2024