



## LUN(H WEEK 1 MFNU



## MATN EVENT



MEAT-FREE MAGIC **Vegetarian Dish** 



RAINBOW ALLEY **Vegetables and Salads** 

IWIKLEK **Topped Pasta** 

**BIG IOPPING Filled Jacket** 

DESSERT TROLLEY Pudding

Toffee	
Sponge and Custar	d

MONDAY

Chicken & Vegetable

Meatballs in Tomato

Sauce with Pasta

Twirlers

Sweet Chilli

Vegetable Stir Fry

with Whole Grain

Rice

**Mixed Salad** 

Jelly & Fruit Slices

**Tropical Pineapple** Crumble and Custard

Orange Cookie

Cut fruit, yoghurt and jelly available every day

#### WEDNESDAY

Mild Chicken Curry with Whole Grain Rice

TUESDAY

Cheesy Broccoli Pasta Bake

Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy

Sausages with

Mashed Potatoes

and Gravy

#### THURSDAY

**BBO Drizzle Pizza** with Baked Potato Wedges

Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice

Green Beans

Broccoli

Peas

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

**Crispy Skin Jacket Potatoes** 

with Cheese or Beans



Autumn/Winter 2023/2024: 4/9, 25/9, 16/10, 13/11, 4/12, 8/1, 29/1

FRIDAY

**Golden Fish Fingers** or Salmon Fingers with Chips

> Pizza Margherita with Chips

#### Baked Beans

Vanilla Ice Cream





# UNCH WEEK 2 MFNU



## MATN EVENT



MEAT-FREE MAGIC **Vegetarian Dish** 



RAINBOW ALLEY **Vegetables and Salads** 

PASTA TWIRLER



**Topped Pasta** 

**OPPTNG Filled Jacket** 



Banana Sponge Cake and Custard

MONDAY

All Day Breakfast

Brunch

Sausage, Egg, Hash

Brown and Beans

All Day Veggie

Breakfast Brunch

Veggie Sausage, Egg,

Hash Brown and Beans

**Baked Beans** 

Jammy Crumble Bars

Apple Crumble and Custard

Orange Jelly

Cut fruit, yoghurt and jelly available every day

#### TUESDAY

Pizza Margherita with Baked Potato Wedges

### WEDNESDAY

Minced Beef and Onion Pie with Mash

#### THURSDAY Chicken Chow Mein (Noodles)

Golden Vegetable **Fingers with Baked** Potato Wedges

Green Salad

Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash

Rice

Carrots

**Crispy Skin Jacket Potatoes** 

with Cheese or Beans

Mexican Bean Wrap with Whole Grain



Autumn/Winter 2023/2024: 11/9, 2/10, 23/10, 20/11, 11/12, 15/1, 5/2

FRIDAY

Golden Fish Fingers with Chips

**Cheesy Sweetcorn** Pizza with Chips

Sweetcorn

**Baked Beans** 

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Vanilla Ice Cream





# LUNCH WEEK 3 MFNU



## MATN EVENT



MFAT-FREE MAGIC **Vegetarian Dish** 



RAINBOW ALLEY **Vegetables and Salads** 





BIG TOPPING **Filled Jacket** 



**DESSERT TROLLEY** Pudding

Watermelon Wedge

MONDAY

Hot Dog

with Baked Potato

Wedges

Vegetarian

Shepherd's Pie

Green Beans

Chocolate Crunch and Custard

**Oaty Apple Crunch Slice**  Strawberry Jelly

Cut fruit, yoghurt and jelly available every day

### TUESDAY

Tomato & Roasted Vegetable Pasta Bake

Mixed Vegetable Korma with Whole Grain Rice

Broccoli

#### WEDNESDAY

**Roast Chicken** with Roast Potatoes and Gravy

Baked

Mac n Cheese

Pizza Day! Veggie Supreme Pizza with Baked Potato Wedges BBQ Drizzle Pizza with Baked Potato Wedges

Peas

Carrots

Daily salad bowl and freshly baked bread available every day

#### Hot Pasta topped with Homemade Tomato Sauce

**Crispy Skin Jacket Potatoes** with Cheese or Beans

THURSDAY



Autumn/Winter 2023/2024: 18/9, 9/10, 6/11, 27/11, 18/12, 22/1

#### FRIDAY

Golden Fish Fingers with Chips

Golden Vegetable Fingers with Chips

**Baked Beans** 

Vanilla Ice Cream