

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

WEEK ONE

## MONDAY Authentic Italian

## TUESDAY Family Faves

## WEDNESDAY Baking British

## THURSDAY Food Festival

## FRIDAY Fun Day

### Option 1

**Beef Burger  
In a Bun  
Wedges  
Beans & Coleslaw**

**BBQ Chicken Pizza  
  
Sweetcorn  
Crudities**

**Roast Turkey**  
Roasties and  
Fresh Vegetables  
Gravy

**Chicken Tikka  
Biryani**  
Wholegrain Rice  
Coconut Green  
Beans

**Fish Fingers**  
Salmon or Pollock  
Chips and  
Baked Beans

### Option 2

**Super Veggie  
In a Bun  
Wedges  
Beans & Coleslaw**

**Margherita Pizza  
  
Sweetcorn  
Crudities**

**Veggie Sausage &  
Summer Veg  
Traybake**  
Roasties and  
Fresh Vegetable  
Gravy

**Roasted Sweet  
Potato Dhal**  
Wholegrain Rice  
Coconut Green  
Beans

**Baked Beans &  
Vegetable Dippers**  
Chips

### Potatoes & Pasta

**Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily**

### Packed Lunch

### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

### The Finale

**Warm Pineapple  
Sponge with  
Vanilla Ice Cream**

**Sticky  
Gingerbread  
Cake**

**Chocolate  
Brownie**

**Strawberry Mousse  
with Peach**

**Oat Cookie**

**Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day**

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

WEEK TWO

## MONDAY Authentic Italian

Option 1

### Creamy Chicken Pasta Bake

Whole Grain Penne  
Garlic Slice  
Green Salad

## TUESDAY Family Faves

### Chicken Curry

Carrots  
Turmeric Rice

## WEDNESDAY Baking British

### Roast Chicken & Stuffing

Roasties and  
Fresh Vegetables  
Gravy

## THURSDAY Food Festival

### Spaghetti Bolognese

Potato Wedges  
Rainbow Slaw

## FRIDAY Fun Day

### Fish Fingers

Chips and  
Mushy Peas

Option 2

### Veggie Bolognese

Whole Grain Penne  
Garlic Slice  
Green Salad

### Baked Bean & Veggie Sausage Cowboy Pie

Carrots

### Cheese & Spring Onion Pastry Slice

Roasties and  
Fresh Vegetables  
Gravy

### Veggie Nachos & Cheese

Potato Wedges  
Rainbow Slaw

### Carrot & Potato Cakes Homemade Tomato sauce

Chips and  
Mushy Peas

Potatoes & Pasta

Packed Lunch

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Peach Sponge And Custard

Rice Krispie Cakes

Chocolate & Marshmallow Cake

Apple Crumble & Custard

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch



# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7,

WEEK  
THREE

## MONDAY Authentic Italian

Option 1

**Sticky Bangers  
& Mash  
Carrots  
Gravy** ▲

## TUESDAY Family Faves

**Meatball in  
Tomato Sauce  
Pasta, Garlic  
Bread  
& Sweetcorn** ▲

## WEDNESDAY Baking British

**Roast Chicken &  
Stuffing**  
Roasties and  
Fresh Vegetables  
Gravy ▲

## THURSDAY Food Festival

**Honey & Soy  
Chicken Stir Fry**  
Wholegrain Rice  
Broccoli ▲

## FRIDAY Fun Day

**Fish Fingers**  
Salmon or Pollock  
Chips and  
Peas

Option 2

**Tomato & Mozzarella  
Gnocchi**  
Garlic Slice  
Sweetcorn ▼

**Sticky Veggie  
Bangers & Mash**  
Green Beans  
Gravy ▼

**Quorn Roast**  
Roasties and  
Fresh Vegetables  
Gravy ▼

**Crunchy Topped  
Macaroni Cheese**  
Broccoli ▼

**Veggie  
Croquettes**  
Chips and Peas ▼

Potatoes &  
Pasta

**Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily** ◆

Packed  
Lunch

**Pick and Mix Packed Lunch**

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

The Finale

**Chocolate Mousse  
with Mandarin**

**Sticky Toffee  
Pudding &  
Custard**

**Vanilla Sprinkle  
Sponge**

**Apple Crumble  
with Custard**

**Ginger Cookie**

**Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day**

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch